

## Claims

What is claimed is:

1. A personal wiping and scrubbing device having: a substantially prismatic shaped wiping  
5 element made from a substantially soft yet firm material with an end tip and an elongate  
substantially planar handle with an end portion affixed to said wiping element, with said  
handle portion being offset to said wiping element by an angle from substantially  $120^{\circ}$  to  
 $170^{\circ}$  wherein a length of toilet paper may be wound around the device from the end tip  
of the wiping element up to the end of the handle for the purpose of effectuating personal  
10 cleaning of the user in the lower regions of the body.
2. The personal wiping and scrubbing device according to claim 1 wherein the  
substantially prismatic shaped wiping element is further provided with an aperture in the  
end tip for the purpose of securing a first end of toilet paper there within.
3. The personal wiping device according to claim 2 wherein an opening is further provided  
15 with an aperture in the handle for the purpose of securing an opposing end of toilet paper  
there within.
4. The personal wiping device according to claim 1 wherein the substantially firm yet soft  
material of the prismatic shaped wiping element is a spongy material.
5. The personal wiping device according to claim 1 wherein the substantially firm yet soft  
20 material of the prismatic shaped wiping element is a foam material.
6. The personal wiping device according to claim 1 wherein the substantially planar

handle is made from one of the following materials: a polymeric material, stainless steel, aluminum alloy, or other metal alloy.

8. The personal wiping device according to claim 1 wherein the device is further provided with an elongate plastic sleeve which is adapted to fit over the wiping element when the device is used during a bout of diarrhea.

9. The personal wiping device according to claim 8 further having an exterior surface wherein the plastic sleeve is further provided with a light coating of an adhesive over at least a portion of its exterior surface.

10. A method for using a personal cleansing device comprising the steps of: providing a substantially prismatic wiping element with an end tip where there is further provided an aperture in its end tip and the wiping element is secured to a substantially planar handle with an opening in its end tip; providing a length of toilet paper of substantially at least 30" with the toilet paper having a first and second end; securing a first end of the toilet paper in the end tip of the wiping element; winding the length of toilet paper around the personal cleansing device up the wiping element and at least a portion of the handle.

11. The method for using a personal cleansing device according to claim 10 which includes the additional step: securing the second end of the toilet paper to the opening in the end tip of the handle.